

Standard First Aid Provider. Join this course to be equipped with essential skills and knowledge to perform first aid and respond to emergencies in the workplace.

Course Objectives

This course will equip participants with the essential theory, hands-on skills, and knowledge related to emergencies in the workplace. Upon completion of this course, participants will be able to implement what they have learnt to unforeseen circumstances in the workplace requiring immediate attention.

At the end of the session, participants will have knowledge & skills on the following:

1. Demonstrate emergency action principles
2. Demonstrate first aid for breathing emergencies
3. Demonstrate CPR & AED Skills
4. Demonstrate first aid for unconscious
5. Demonstrate first aid for heat disorders, bites and stings casualty
6. Demonstrate first aid for controlling bleeding, and first aid for wounds
7. Demonstrate first aid for fractures and soft tissue injuries
8. Demonstrate first aid for head, spine and lower limb injuries
9. Demonstrate first aid for burns and scald
10. Demonstrate first aid for poisoning


Training Methodology

Lecture, role play, small group discussions, skills practice



Course Outline

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Venue

 HMI Institute of Health Sciences
Devan Nair Institute for Employment and Employability
#06-03, 80 Jurong East Street 21 Singapore 609607

Enquiries

 6370 7115  marcus.er@hmi.com.sg

To book a training date or any course enquiries, please contact Marcus directly at marcus.er@hmi.com.sg

Target Audience

Support Care Staff, Allied Health Professional, Enrolled Nurse, Registered Nurse, Advanced Practice Nurse, Corporate Services Staff, Ancillary Care Staff

Course Time

Duration: 12 hours classroom face-to-face session and 4 hours online learning

*Note: Specific training dates will be assigned to each organisation to minimize cross contamination across different organisations

Course Fee: \$197.95 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

Trainer's Profile

Wilson Ho has over 10 years of experience, specializing in areas of Nursing, Emergency Life Support and Wilderness First Aid. He is also an accredited Chief Instructor in CPR+AED and BCLS+AED program certified by the Singapore Resuscitation First Aid Council (SRFAC). Besides being one of the experienced instructors for the Emergency Life Support training programmes, he also conducts training for contextualized Perform Workplace First Aid. With his experience in providing training in several areas, he is also involved in developing and customizing training curriculum to meet the diversified training needs of clients.



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