

CPR(Hands-only) +AED Provider. Join this course to be equipped with skills and knowledge to perform basic CPR and to operate the AED in an emergency.

Course Objectives

This course aims to equip learners on how to perform basic CPR and to operate the AED in an emergency situation.

At the end of the session, participants will have knowledge & skills on the following:

1. Introduction on National Statistics
2. Anatomy and Physiology of the heart, lungs and circulation
3. Risk factors for heart attack
4. What happen in a cardiac arrest
5. The Chain of Survival
6. Demonstrate CPR
7. Importance of Defibrillation
8. Demonstrate AED
9. Post Incident Report


Training Methodology

Lecture, role play, small group discussions, skills practice



Course Outline

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Venue

 HMI Institute of Health Sciences
Devan Nair Institute for Employment and Employability
#06-03, 80 Jurong East Street 21 Singapore 609607

Enquiries

 6370 7115  marcus.er@hmi.com.sg

To book a training date or any course enquiries, please contact Marcus directly at marcus.er@hmi.com.sg

Target Audience

Support Care Staff, Allied Health Professional, Enrolled Nurse, Registered Nurse, Advanced Practice Nurse, Corporate Services Staff, Ancillary Care Staff

Course Time

Duration: 2 hours classroom face-to-face session and 2 hours online learning

*Note: Specific training dates will be assigned to each organisation to minimize cross contamination across different organisations

Course Fee: \$56.71 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

Trainer's Profile

Wilson Ho has over 10 years of experience, specializing in areas of Nursing, Emergency Life Support and Wilderness First Aid. He is also an accredited Chief Instructor in CPR+AED and BCLS+AED program certified by the Singapore Resuscitation First Aid Council (SRFAC). Besides being one of the experienced instructors for the Emergency Life Support training programmes, he also conducts training for contextualized Perform Workplace First Aid. With his experience in providing training in several areas, he is also involved in developing and customizing training curriculum to meet the diversified training needs of clients.



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